

# APRIL 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dekalb 31 <ul style="list-style-type: none"> <li>• Koffee Klutch @10</li> <li>• Arms, Abs, and Legs @11:30</li> <li>• Vinyasa Flow Yoga @12</li> </ul> Sycamore <ul style="list-style-type: none"> <li>• Walkers/Talkers @10, Cards @11</li> </ul> Malta <ul style="list-style-type: none"> <li>• Cards @11, VAC Box Lunch @12</li> </ul>	Dekalb 1 <ul style="list-style-type: none"> <li>• Woodcarving @9:30</li> <li>• Balance/Fall Prevention @10:30</li> <li>• Arts &amp; Chats @11:30</li> <li>• Pinochle, Euchre, Bridge @12:30</li> </ul>	Dekalb 2 <ul style="list-style-type: none"> <li>• Hand and Foot @9:30</li> <li>• DVD Exercise @10</li> <li>• Needlework Corner @10:30</li> <li>• VAC LUNCH @12, Bingo @1</li> <li>• Bridge and Mahjong @12:30</li> </ul> Malta <ul style="list-style-type: none"> <li>• CLOSED</li> </ul>	Dekalb 3 <ul style="list-style-type: none"> <li>• Documentary Day @11</li> </ul> ALL SITES CLOSE AT 12PM FOR AN ALL-STAFF MEETING	Dekalb 4 <ul style="list-style-type: none"> <li>• DVD Exercise @10</li> <li>• Balance/Fall Prevention @10:30</li> <li>• Line Dancing @12, Friday Film @1</li> </ul> Sycamore <ul style="list-style-type: none"> <li>• Walkers/Talkers @10, Yums Tasting &amp; Trivia w/ Heritage Woods @11</li> <li>• Arms, Abs, and Legs @11:30</li> <li>• Gentle Mat Stretch @12</li> </ul> Malta -Cards @11, VAC Box Lunch @12
Dekalb 7 <ul style="list-style-type: none"> <li>• Koffee Klutch w/Aperion Care @10</li> <li>• Chair Yoga @10:30</li> <li>• Arms, Abs, and Legs @11:30</li> <li>• Vinyasa Flow Yoga @12</li> </ul> Sycamore <ul style="list-style-type: none"> <li>• Walkers/Talkers @10, Cards @11</li> </ul> Malta <ul style="list-style-type: none"> <li>• Cards @11, VAC Box Lunch @12</li> </ul>	Dekalb 8 <ul style="list-style-type: none"> <li>• Woodcarving @9:30</li> <li>• Balance/Fall Prevention @10:30</li> <li>• Arts &amp; Chats- Dimond Art @11:30</li> <li>• Pinochle, Euchre, Bridge @12:30</li> <li>• Creative Writing @1</li> </ul>	Dekalb 9 <ul style="list-style-type: none"> <li>• Hand and Foot @9:30</li> <li>• DVD Exercise @10</li> <li>• Needlework Corner @10:30</li> <li>• VAC LUNCH @12, Bingo @1</li> <li>• Bridge and Mahjong @12:30</li> </ul> Malta <ul style="list-style-type: none"> <li>• CLOSED</li> </ul>	Dekalb 10 <ul style="list-style-type: none"> <li>• SCAM Smart @10</li> <li>• Documentary Day @11</li> <li>• Pinochle, Euchre, Bridge, Tripoley, and Mexican Train Dominoes @12:30</li> </ul>	Dekalb 11 <ul style="list-style-type: none"> <li>• DVD Exercise @10</li> <li>• Balance/Fall Prevention @10:30</li> <li>• Bunny Brunch and Egg Hunt @12</li> <li>• Friday Film @1</li> </ul> Sycamore <ul style="list-style-type: none"> <li>• Walkers/Talkers @10, Cards @11</li> <li>• Arms, Abs, and Legs @11:30</li> <li>• Gentle Mat Stretch @12</li> </ul> Malta <ul style="list-style-type: none"> <li>• Cards @11, VAC Box Lunch @12</li> </ul>
Dekalb 14 <ul style="list-style-type: none"> <li>• Koffee Klutch @10</li> <li>• NIU/ DCHD Emergency Preparedness @10:30</li> <li>• Arms, Abs, and Legs @11:30</li> <li>• Vinyasa Flow Yoga @12</li> </ul> Sycamore <ul style="list-style-type: none"> <li>• Walkers/Talkers @10, Cards @11</li> </ul> Malta <ul style="list-style-type: none"> <li>• Cards @11, VAC Box Lunch @12</li> </ul>	Dekalb 15 <ul style="list-style-type: none"> <li>• Woodcarving @9:30</li> <li>• Balance/Fall Prevention @10:30</li> <li>• Arts &amp; Chats w/KAVAL- Garden Gourds @11:30</li> <li>• Pinochle, Euchre, Bridge @12:30</li> </ul>	Dekalb 16 <ul style="list-style-type: none"> <li>• Hand and Foot @9:30</li> <li>• DVD Exercise @10</li> <li>• Needlework Corner @10:30</li> <li>• VAC LUNCH @12, Bingo @1</li> <li>• Bridge and Mahjong @12:30</li> </ul> Malta <ul style="list-style-type: none"> <li>• CLOSED</li> </ul>	Dekalb 17 <ul style="list-style-type: none"> <li>• Documentary Day @11</li> <li>• Pinochle, Euchre, Bridge, Tripoley, and Mexican Train Dominoes @12:30</li> <li>• Movie Day -<i>The Peanut Butter Falcon</i> @1</li> </ul>	ALL SITES CLOSED
Dekalb 21 <ul style="list-style-type: none"> <li>• Koffee Klutch @10</li> <li>• Chair Yoga Meditation @10:30</li> <li>• Arms, Abs, and Legs @11:30</li> <li>• Vinyasa Flow Yoga @12</li> </ul> Sycamore <ul style="list-style-type: none"> <li>• Walkers/Talkers @10, Cards @11</li> </ul> Malta <ul style="list-style-type: none"> <li>• Cards @11, VAC Box Lunch @12</li> </ul>	Dekalb 22 <ul style="list-style-type: none"> <li>• Woodcarving @9:30</li> <li>• Balance/Fall Prevention @10:30</li> <li>• NIFB Grocery Market Pick-up @11</li> <li>• Arts &amp; Chats @11:30</li> <li>• Pinochle, Euchre, Bridge @12:30</li> <li>• Prairie State Legal -Walk In appointments @1-4:30</li> </ul>	Dekalb 23 <ul style="list-style-type: none"> <li>• Hand and Foot @9:30</li> <li>• DVD Exercise @10</li> <li>• Needlework Corner @10:30</li> <li>• VAC LUNCH @12, Bingo @1</li> <li>• Bridge and Mahjong @12:30</li> </ul> Malta <ul style="list-style-type: none"> <li>• U of I Extension -Healthy Cents @11, Aperion Care Luncheon @12</li> </ul>	Dekalb 24 <ul style="list-style-type: none"> <li>• Trip to the Historic Auto Attraction Museum from 10am-3pm.</li> <li>• Documentary Day @11</li> <li>• Pinochle, Euchre, Bridge, Tripoley, and Mexican Train Dominoes @12:30</li> </ul>	Dekalb 25 <ul style="list-style-type: none"> <li>• DVD Exercise @10</li> <li>• Balance/Fall Prevention @10:30</li> <li>• Potluck @12, Friday Film @1</li> </ul> Sycamore <ul style="list-style-type: none"> <li>• Walkers/Talkers @10, Cards @11</li> </ul> Malta <ul style="list-style-type: none"> <li>• Cards @11, VAC Box Lunch @12</li> </ul>
Dekalb 28 <ul style="list-style-type: none"> <li>• Koffee Klutch w/Grand Victorian @10</li> <li>• Chair Yoga @10:30</li> </ul> Sycamore <ul style="list-style-type: none"> <li>• Walkers/Talkers @10, Cards @11</li> </ul> Malta <ul style="list-style-type: none"> <li>• Cards @11, VAC Box Lunch @12</li> </ul>	Dekalb 29 <ul style="list-style-type: none"> <li>• Woodcarving @9:30</li> <li>• Balance/Fall Prevention @10:30</li> <li>• Kristie Kooks -Southern banana pudding @10:30</li> <li>• Arts &amp; Chats @11:30</li> <li>• Pinochle, Euchre, Bridge @12:30</li> </ul>	Dekalb 30 <ul style="list-style-type: none"> <li>• Hand and Foot @9:30</li> <li>• DVD Exercise @10</li> <li>• Needlework Corner @10:30</li> <li>• U of I Extension -Healthy Cents @11</li> <li>• VAC LUNCH @12, Bingo @1</li> <li>• Bridge and Mahjong @12:30</li> </ul> Malta <ul style="list-style-type: none"> <li>• Cards, Bingo</li> </ul>	Dekalb 1 <ul style="list-style-type: none"> <li>• Nature Walk @9</li> <li>• Documentary Day @11</li> <li>• Pinochle, Euchre, Bridge, Tripoley, and Mexican Train Dominoes @12:30</li> </ul>	Dekalb 2 <ul style="list-style-type: none"> <li>• DVD Exercise @10</li> <li>• Balance/Fall Prevention @10:30</li> <li>• Friday Film @1</li> </ul> Sycamore <ul style="list-style-type: none"> <li>• Walkers/Talkers @10, Cards @11</li> </ul> Malta <ul style="list-style-type: none"> <li>• Cards @11, VAC Box Lunch @12</li> </ul>